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A Secure Base John Bowlby, 2012-11-12 John Bowlby 1907 1990 was a world famous psychiatrist and as the father of attachment theory he identified early abuse and neglect as key factors in adult psychological problems Supported by the simultaneous publication of *The Making and Breaking of Affectional Bonds* in the Routledge Classics series *Armenian Allegations*, 2005 **The Early Years Handbook for Students and Practitioners** Carol Hayes, 2023-04-07 The Early Years Handbook for Students and Practitioners is a comprehensive and accessible course text for all degree level students undertaking programmes related to early years and childhood studies Designed and written by the SEFDEY Professional Association and a team of new expert contributors this text provides a balanced approach to the subjects discussed and encourages you to consider and challenge perceptions of early years and to promote good professional practice This edition has been extended to cover the learning and development of children from birth to 8 years and features new chapters on research risk neuroscience the environment and more Divided into four parts The Student Practitioner Professional The Learning and Development of Children 0 8 The Child Family and Society and The Senior Practitioner Professional the book covers all aspects of working with young children and engages you with theory that is explicitly linked to your practice In each chapter the book seeks to help you develop your professional identity and includes Activities to help you to reflect on your own practice Debates and dilemmas to promote discussion between students and colleagues Real life case studies and photographs to illustrate key points Extended reflective thinking boxes outlining key research in the field and implications for practice Suggestions for key projects to help those looking for research topics The book is supported by a companion website featuring for students links to useful websites and video material and an interactive flashcard glossary Online support for lecturers includes ideas for tasks and activities to use in class and the diagrams and images in the book available to download

À chacun sa créativité Jean Cottraux, 2010-04-16 Tout le monde peut tre cr atif mais bien peu de gens le savent et encore moins nombreux sont ceux qui le concr tisent c t de la cr ativit exceptionnelle de g nies comme Einstein Picasso ou Mozart il y a la cr ativit au quotidien de chacun d entre nous qui se traduit dans l art de vivre et de survivre Pour certains la vie est le plus bel accomplissement m me si elle n est pas remplie d uvres exceptionnelles La principale le on de cet ouvrage est que l ouverture d esprit le travail et la pers v rance comptent plus que le talent ou le don J ai centr ce livre sur la relation du cr ateur avec l uvre et son public J esp re que cette mise en perspective aidera chacune et chacun d entre nous trouver sa voie personnelle de cr ativit J C partir de l exemple des grands cr ateurs dans tous les domaines des arts et des sciences Jean Cottraux propose dans ce livre un mod le in dit permettant de mieux d velopper sa cr ativit personnelle et de trouver sa voie Assorti de conseils et d exercices originaux cet ouvrage aidera chacun faire de sa vie une cr ation permanente Jean Cottraux est psychiatre honoraire des h pitaux et charg de cours l universit Lyon I membre fondateur de l Acad mie de th rapie cognitive de Philadelphie et directeur scientifique de l Institut francophone de formation et recherche en th rapie

comportementale et cognitive Ifforthecc Il a publi de nombreux ouvrages qui ont tous connu un grand succ s notamment La Force avec soi La R p titution des sc narios de vie et Les Ennemis int rieurs

How to Use Social Work Theory in Practice Malcolm Payne,2020-01-08 Social work theory is full of ideas about how to practise It guides you in what to do as well as how to approach and think about social work goals In this clear and systematic book covering both general practice concepts and theoretical insights best selling author Malcolm Payne shows you how to work with the main theories and practice techniques and pinpoint their strengths and limitations This book Explores the social work process from first to last contact Covers all the theories and methods you need to know as a practitioner Examines practice techniques and the ideas that inform them Includes helpful chapter by chapter infographics This practical guide condenses the practical features of social work theory but doesn t oversimplify them Students and practitioners can confidently put their knowledge into action and see how everyday practice implements theoretical ideas It will be an invaluable resource to students and newly qualified practitioners in social work and in related fields of practice making connections with both classic and contemporary movements in social work

Psychology for Pastoral Contexts Jessica Rose,2013 Care for other human beings is at the heart of ministry and brings ministers in contact with wholeof human life The focus of this handbook of psychology for pastoral contexts is on psychological insight into human relationships and mental health It can be read as a whole or used as a handbook for reference to particular problems At the same time it attempts to put psychological concepts into everyday language Jessica Osborne an experienced psychologist and teacher discusses areas such as attachment dependency and anxiety betrayal and reconciliation mental health issues such as depression eating disorders and addiction stress violence and abuse and suffering The book will be useful on pastoral care courses at all levels and suitable for practitioners and people in training for pastoral ministry lay or ordained

Nursing the Neonate Maggie Meeks,Maggie Hallsworth,Helen Yeo,2013-05-08 Written by a multidisciplinary team of medical and nursing experts this fully updated second edition provides evidence based coverage of all frequently seen neonatal conditions Divided into chapters based on body systems each section includes discussion of relevant embryology anatomy and physiology Designed for real life practice in the ward each chapter includes clear guidelines for procedure and discussion of best practice Case studies are used throughout to aid discussion of specific equipment conditions and situations An essential resource for neonatal nursing and midwifery students as well as practicing neonatal nurses this acclaimed text may also be of use to junior doctors beginning neonatology Evidence based theory clearly linked to application in the ward with case studies throughout Procedure and equipment guidelines included with specific recommendations for practice Accessible format designed for easy reading and reference Highly illustrated with relevant diagrams and pictures

Personal Process in Child-Centred Play Therapy David Le Vay,Elise Cuschieri,2022-09-02 Personal Process in Child Centred Play Therapy provides a very specific exploration of the play therapy process from the personal perspective of the play therapist This volume examines the personal challenges opportunities

losses and gains and numerous obstacles that one has to negotiate through the course of both training to become a play therapist and working as a qualified clinician with children who have complex life difficulties The book aims to offer a forum within which the role function and process of the personal within play therapy can be explored Bringing together a number of experienced play therapists the book shares often deeply personal accounts of their experience of training and clinical practice Chapters challenge the unspoken therapist taboos of shame childhood trauma vulnerability and grief shining a light on the more hidden areas of therapist experience Clinical issues around the unconscious process are also explored but once again from the personal position of the play therapist rather than the child With a unique and distinct perspective on the therapeutic process this book is specifically intended for both trainee and experienced play therapists but will be relevant to all psychotherapists involved in working therapeutically with children and young people

Perspectives on Midwifery and Parenthood Rita Borg Xuereb, Julie Jomeen, 2023-01-01 The book Perspectives on Midwifery and Parenthood explores contemporary issues relating to parenthood and midwifery This book bridges a gap in the literature where it highlights the close and unique relationships that midwives nurses doctors other health care professionals and students enjoy with women and men during their transition to parenthood Midwives work in close contact with and address the diverse needs of women and men during one of the most critical life s transitions preconception pregnancy childbirth and early parenting and its long term implications on the psychosocial emotional physical and spiritual wellbeing of parents and infants The chapters cover the transition and preparation for parenthood midwives and parental fetal tie in pregnancy perinatal mental health maternal well being infertility repeated loss and surrogacy supporting early parenting following preterm birth adolescent pregnancy and early parenthood social challenges and parenthood including drug and alcohol use in pregnancy intimate partners violence migrants and transition to parenthood fathers transition to parenthood diversity of family formation LGBTQ parents breastfeeding the role of spirituality during pregnancy and midwifery and parenthood Each person is unique and so is the response to parenthood as the mother father and family embark on this new lifeworld a lifelong commitment The book is a compendium of contemporary research depicting the strengths opportunities and recommendations how midwives and other health care professionals can nurture optimal compassionate respectful person and family centred care during pregnancy and early parenting the transition to parenthood

Sitting on a Suitcase Halina Brunning, Olya Khaleelee, 2025-03-27 Sitting on a Suitcase Psychoanalytic Stories contains eighteen moving tales of disparate Jewish lives from Eliat Aram Leslie B Brissett Louisa Diana Brunner Halina Brunning Leila Djemal Shmuel Erlich Mira Erlich Ginor Franca Fubini Stan Gold Larry Hirschhorn Susan Kahn Alicia E Kaufmann Olya Khaleelee James Krantz Vega Zagier Roberts Edward R Shapiro Mannie Sher and Marlene Spero The book begins with a thought provoking preface from former Archbishop of Canterbury Rowan Williams and ends with a sensitive epilogue from Rabbi Jonathan Wittenberg both providing societal containment for what comes between them The contents also include two non Jewish German writers Claudia Nagel and Dorothee von Tippelskirch

Eissing who between them provide a bravely honest introduction and conclusions to the stories contained within Also contained within the book are black and white photographs of the contributors young selves that provide an additional evocative layer to the words contained within Plus four black and white line drawings to illustrate each of the four parts of the book Orthodox beginnings Sitting on the boundary Marginality and belonging Emigration and identity and Will history repeat itself This was not an easy book for its authors to write revisiting the past unlocked painful memories and re awoke fears of persecution The manuscript was nearing completion when Hamas attacked a kibbutzim on October 7 2023 and the war in Gaza followed Incidents of anti Semitism increased worldwide and questions were raised whether the book should be held back However its themes became more relevant than ever and these stories need to be read Themes such as issues around having a voice or finding a voice during formative years finding a family through friends a sense of not belonging because of constant relocation or finding a sense of belonging through family and friends Aspects of life that resonate with us all alongside the deeper theme of the impact of Jewish identity on every facet of life This is a book full of emotion and meaning that needs to be read by all with an interest in humanity and fostering connection and understanding across nations

Happily Ever After...? Janet Clegg, Hilary Browne Wilkinson, 2016-08-01 A must have guide book for anyone is a relationship or about to begin one Packed full of wide ranging scenarios and case studies Happily Ever After explores the pitfalls and issues which often lead to marriage breakups and explains how to succeed in enjoying a long lasting loving relationship

Keeping Our Kids Alive Lyn O'Grady, 2020-03-26 Suicide is a confronting topic As a parent it may represent the greatest fear for our family Yet for many there is a misguided belief that talking about suicide with young people causes further distress Research shows otherwise not talking about suicide can be harmful Psychologist Lyn O Grady has spent decades working researching and presenting on better mental health for children young people and families Along the way she has witnessed the desperate struggle with life that suicidal thoughts and feelings bring She has also seen countless books about parenting usually featuring simplistic recipe type approaches that can be appealing but challenging to implement at times of crisis So she wrote this book to explain exactly what it means to be a parent of a teenager who is struggling with suicidal thoughts and behaviours and how to help Drawing on practical experience across a range of community settings the lived experience of people and families who have experienced suicidality and the latest research and theories in the field this book helps to arm parents with knowledge so they can better understand what s going on with their teenager to provide space to reflect on their parenting and to look after themselves to not feel alone and to know what to do to support their teenagers during difficult times This book will help any parent or health worker working with families to understand how to connect and communicate with teenagers when dealing with the topic of suicide

Observing Gabby: Child Development and Learning, 0-7 Years Cath Arnold, 2021-05-14 This book is about Gabby an inquisitive girl who leads her own learning very effectively with support from the adults in her life The author her grandmother draws on seven years

of data from diaries photos and Gabby s own writing to consider her development and learning when cared for by both her parents and grandparents Gabby builds on her experiences with her Latvian mother English father and her elder sister as she faces and deals with transitions as she grows up The chapters are presented in a chronological order as a running record going from 0 1 year right through to 6 7 years and can be analysed through a range of theories and frameworks With chapters considering theory and the data separately the reader can reach their own conclusions on child development before exploring the author s analyses Each chapter also considers the relevance of Ofsted s Intent Implementation and Impact framework and other theories and schemas This book about one child s early development and learning is a fascinating insight into how young children learn for those studying or working in the early years field It includes access to an online learning centre of video clips to bring the descriptions to life and provide further insight into Gabby s development This book is a testament to the power of quiet attentive observation and its application to a range of disciplines beyond the therapeutic Observing Gabby will be of interest to Early Years practitioners who are keen to provide a setting conducive to holistic education and those interested in the links between emotional well being and learning Sarah Fielding Infant Observation This carefully structured text will be helpful for anyone teaching or studying child development particularly with the addition of video materials to view alongside the book Mary Briggs FRSA CMathTeach APECS SFHEA FCCT Principal Lecturer and Programme Lead for Childhood and Education ECS and Ed Studies Oxford Brookes University UK This rich account of Gabby s early childhood development takes the reader on an inspiring journey Shirley Allen School of Health and Education Middlesex University I would heartily recommend this book to any early years practitioner who wants to better understand child development improve the quality of their child observations and to develop their skill in linking the two seamlessly Andrea Layzell Project Lead and Tutor Bradford Birth to 19 Teaching School Alliance Dr Cath Arnold has worked in the field of Early Childhood for over 40 years as a practitioner teacher researcher lecturer and author Her particular interests include child study schemas and parental involvement This is her fifth book focussing on close observation of the spontaneous actions of young children

The Early Years Handbook for Students and Practitioners Lyn Trodd, 2016-02-05 The Early Years Handbook for Students and Practitioners is a comprehensive and accessible course text for all students studying at levels 4 and 5 including on Foundation Degrees and Early Childhood Studies degrees Designed and written by the Chair of the SEFDEY Sector Endorsed Foundation Degree in Early Years Network and a team of expert contributors this book covers the essential skills knowledge and understanding you need to become an inspiring and effective early years practitioner Divided into four parts The Student Practitioner Professional The Learning and Development of Children 0 5 The Child Family and Society and The Senior Practitioner Professional the book covers all aspects of working with young children and engages you with theory that is explicitly linked to your practice Throughout there is a strong emphasis on supporting your transition to undergraduate study developing your academic skills and encouraging you to be an active learner In every chapter the book

seeks to help you develop your professional identity and features Activities to help you to reflect on your own practice Provocations to promote discussion and debate Case study examples and photographs to illustrate key points From Research to Practice boxes outlining key research in the field and implications for practice The book is supported by a companion website featuring for students links to useful websites and video material and an interactive flashcard glossary Online support for lecturers includes ideas for tasks and activities to use in class and the diagrams and images in the book available to download

Handbook of School-Based Mental Health Promotion Alan W. Leschied, Donald H. Saklofske, Gordon L. Flett, 2018-07-03 The Springer Series on Human Exceptionality Series Editors Donald H Saklofske and Moshe Zeidner Handbook for School Based Mental Health Promotion An Evidence Informed Framework for Implementation Alan W Leschied Donald H Saklofske and Gordon L Flett Editors This handbook provides a comprehensive overview to implementing effective evidence based mental health promotion in schools It addresses issues surrounding the increasing demands on school psychologists and educational and mental health professionals to support and provide improved student well being learning and academic outcomes The volume explores factors outside the traditional framework of learning that are important in maximizing educational outcomes as well as how students learn to cope with emotional challenges that confront them both during their school years and across the lifespan Chapters offer robust examples of successful programs and interventions addressing a range of student issues including depression self harm social anxiety high achiever anxiety and hidden distress In addition chapters explore ways in which mental health and education professionals can implement evidence informed programs from the testing and experimental stages to actual use within schools and classrooms Topics featured in this handbook include A Canadian perspective to mental health literacy and teacher preparation The relevance of emotional intelligence in the effectiveness of delivering school based mental health programs Intervention programs for reducing self stigma in children and adolescents School based suicide prevention and intervention Mindfulness based programs in school settings Implementing emotional intelligence programs in Australian schools The Handbook for School Based Mental Health Promotion is a must have resource for researchers clinicians and related professionals and policymakers as well as graduate students across such interrelated disciplines as child and school psychology social work education policy and politics special and general education public health school nursing occupational therapy psychiatry school counseling and family studies

Mindful Therapeutic Care for Children Joanna North, 2013-09-21 An accessible guide to using mindfulness and reflection to improve the quality of care for vulnerable children Features a useful tool to aid reflective practice and better respond to a child's needs

Return to Muck Marg Greenwood , 2022-04-19 Return to Muck tells of Marg's experiences as a solo older woman traveller in some lesser known Scottish islands in the Inner and Outer Hebrides On a budget she mostly stays in hostels and bunkhouses travels by car within the islands except Muck but takes no carbon emitting flights She walks wanders and wonders talks to islanders age range from 5 to 97 comes across usually by chance stunning geographical

features exciting wildlife ancient stones folktales and other finds many of which lead her to research and more discovery Unusual subject matters include finding the connection between goose barnacles and barnacle geese learning about Gaelic song and stumbling across a lighthouse optic in a stately home garden Two of these finds become sources for poems From this an increased creativity emerges some of which is a natural progression from her poems that of composing songs and teaching them at other island schools as well as the Muck school She bases the lyrics of these songs on a folktale pertaining to the particular island thus allowing the pupils to express themselves musically and learn about their local folklore at the same time She describes her own experiences of teaching the songs This book offers a perspective only a lone woman traveller can give It can serve both as a memento to those who know the islands well and provide an introduction for anyone who has yet to discover them especially those who yearn to travel alone *Finding Inner Safety* Dr. Nerina

Ramlakhan,2022-05-10 FINDING INNER SAFETY FIND SAFETY SECURITY AND PEACE IN THE MODERN WORLD When we work hard sometimes we put our mental health on the backburner Stress a lack of sleep and other factors can quickly lead to burnout How can we balance our goals with a peaceful lifestyle Replace stress burnout and surviving with resilience energy optimisation and thriving With expert guidance from international author and speaker Dr Nerina Ramlakhan you ll learn how to use quick manageable solutions to make a profound difference to your mindset energy levels and subsequent productivity In plain language everybody can understand Finding Inner Safety will help readers Learn why we re constantly on the lookout for threats Come to terms with the actual dangers we face Understand the key principles of safety science and strategies for feeling safer and more secure Realise the wisdom we can draw from the natural world around us Make choices that help us thrive rather than merely survive To lead a peaceful and fulfilling lifestyle finding safety and security from within yourself is an essential first step Finding Inner Safety provides practical knowledge insight and methods to help you unwind from our modern world in a deeper sense both at home and at work without asking you to give up on your ambitious goals

The Handbook of Counselling Children & Young People Sue Pattison,Maggie Robson,Ann Beynon,2014-11-30 This landmark handbook brings together the fundamentals of counselling children and young people theory research skills and practice It addresses what every successful trainee or practitioner needs to know in a way that is comprehensive accessible and jargon free Divided into four parts it covers theory and practice approaches including chapters on child development person centred psychodynamic CBT Gestalt approaches and more counselling process including chapters on the therapeutic relationship skills groupwork supervision practice issues including chapters on law and policy ethics diversity challenging behaviour practice settings including chapters on health and social care settings school and education multi agency and collaboration Each chapter includes a chapter introduction and summary reflective questions and activities helping trainees to cement their learning With chapters contributed by leading experts and academics in the field this book is essential reading for trainees and practitioners working with children and young people **Teenagers Translated** Janey

Downshire,Naella Grew,2014 The teenage years are acknowledged to be the most testing stage of parenting when well mannered and obedient children can transform into rude and rebellious teens This book tackles how to help teens feel supported and secure strategies for improving communication and dealing with digital technology and media influences

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