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# BOLD SPIRIT

HELGA ESTBY'S  
FORGOTTEN WALK ACROSS  
VICTORIAN AMERICA

*Linda Lawrence Hunt*



# Bold Spirit Helga Estbys Forgotten Walk Across

**Miro Roman,Alice \_ch3n81**



## **Bold Spirit Helga Estbys Forgotten Walk Across:**

**Bold Spirit** Linda Lawrence Hunt, 2007-12-18 In 1896 a Norwegian immigrant and mother of eight children named Helga Estby was behind on taxes and the mortgage when she learned that a mysterious sponsor would pay 10 000 to a woman who walked across America Hoping to win the wager and save her family's farm Helga and her teenaged daughter Clara armed with little more than a compass red pepper spray a revolver and Clara's curling iron set out on foot from Eastern Washington Their route would pass through 14 states but they were not allowed to carry more than five dollars each As they visited Indian reservations Western boomtowns remote ranches and local civic leaders they confronted snowstorms hunger thieves and mountain lions with equal aplomb Their treacherous and inspirational journey to New York challenged contemporary notions of femininity and captured the public imagination But their trip had such devastating consequences that the Estby women's achievement was blanketed in silence until nearly a century later Linda Lawrence Hunt encountered their extraordinary story **Bold Spirit** Linda Hunt, 2003 *Bold Spirit: Helga Estby's Forgotten Walk Across Victorian America* Linda Lawrence Hunt, 2005-01-01 Helga Estby left Spokane Washington and walked to NYC on a 10 000 challenge This remarkable story of hardship and suffering was long lost and only recently discovered by the author On Christmas Eve 1896 the New York World reported her arrival What followed was an American tragedy *News of Norway*, 2005 [Pacific Northwest Quarterly](#), 2003 **Katie Gale** Llyn De Danaan, 2020-03-09 A gravestone a mention in local archives stories still handed down around Oyster Bay the outline of a woman begins to emerge and with her the world she inhabited so rich in tradition and shaken by violent change Katie Kettle Gale was born into a Salish community in Puget Sound in the 1850s just as settlers were migrating into what would become Washington State With her people forced out of their traditional hunting and fishing grounds into ill provisioned island camps and reservations Katie Gale sought her fortune in Oyster Bay In that early outpost of multiculturalism where Native Americans and immigrants from the eastern United States Europe and Asia vied for economic social political and legal power a woman like Gale could make her way As Llyn De Danaan mines the historical record we begin to see Gale a strong willed Native woman who cofounded a successful oyster business then won the legal rights from her Euro American husband a man with whom she had raised children but who ultimately made her life unbearable Steeped in sadness with a lost home and a broken marriage children dying in their teens and tuberculosis claiming her at forty three Katie Gale's story is also one of remarkable pluck a tale of hard work and ingenuity gritty initiative and bad luck that is ultimately essentially American **Influential Women of Spokane** Nancy Driscoll Engle, 2017-09-25 While known as the home of Father's Day Spokane benefited from its share of trailblazing women In 1886 Mother Joseph a pioneering architect constructed the first Sacred Heart Hospital After fire destroyed thirty six blocks in 1889 Anna Stratton Browne and her friends raised 10 000 to build a home for needy children that operated for six decades And in early 1908 May Hutton became president of the Spokane Equal Suffrage League persevering until 1910 when Washington voters gave

women the vote Historian Nancy Driscoll Engle commemorates the unforgettable contributions of Spokane's women

Trekking across America Lyell D. Jr. Henry, 2024-10-30 For several decades following the end of the Civil War the most popular sport in the United States was walking Professional pedestrians often covered 500 miles or more for up to six grueling days and nights in pursuit of large money prizes Walking was also a favorite amateur sport newspapers often noted a pedestrian mania or walking fever that only began to give way in the mid 1880s to fast rising crazes for baseball bicycling and roller skating As competitive walking faded a new kind of spectacle walking which had also begun in the late 1860s came to full flower Between 1890 and 1930 hundreds of men women even children and entire families were on the nation's roads and railroad tracks trekking between widely separated points sometimes moving in unusual ways such as on roller skates or by walking barefooted backward on stilts or while rolling a hoop To finance their attention seeking journeys many sold souvenir postcards The public usually found these performers entertaining but public officials and newspaper editors often denounced them as nuisances or frauds Tapping vintage postcards and old newspaper articles this is the first book to bring back to view this once familiar feature of American life *Pilgrimage through Loss* Linda Lawrence Hunt, 2014-02-24

*Pilgrimage Through Loss* tells the story of one family's journey after the loss of a child and how they hope their journey can provide lessons for other parents dealing with that most heartbreaking of losses Using her own story and the stories of other parents who have lost children Hunt discusses several steps that grieving parents take along the pilgrimage Rather than prescribing a path that will lead to recovery Hunt shows us the many paths that parents will take after the death of a child and encourages them to find the path that works for them Questions for discussion and reflection are included for each chapter This book helps grieving parents and other survivors such as siblings and friends along their way toward survival and recovery *Walk of Ages* Jim Reisler, 2015-02-01

On his seventieth birthday in 1909 a slim man with a shock of white hair a walrus mustache and a spring in his step faced west from Park Row in Manhattan and started walking By the time Edward Payson Weston was finished he was in San Francisco having trekked 3 895 miles in 104 days Weston's first epic walk across America transcended sport He was everyman in a stirring battle against the elements and exhaustion tramping along at the pace of someone decades younger Having long been America's greatest pedestrian he was attempting the most ambitious and physically taxing walk of his career He walked most of the way alone when the car that he hired to follow him kept breaking down and he often had to rest without adequate food or shelter That Weston made it is one of the truly great but forgotten sports feats of all time Thanks in large part to his daily dispatches of his travails from blizzards to intense heat rutted roads bad shoes and illness Weston's trek became a wonder of the ages and attracted international headlines to the sport called pedestrianism Aided by long buried archival information colorful biographical details and Weston's diary entries *Walk of Ages* is more than a book about a man going for a walk It is an epic tale of beating the odds and a penetrating look at a vanished time in America *The Spirit Stills the Storms* Sam Lien Le, 2010-04

The last person was pulled onto the boat All

commotion suddenly died out and the engine roared alive The boat at full speed left the mouth of Cam Ranh Bay heading east into the unknown waters of the high seas It was 2 00 a m on October 12 1979 Here and there hundreds of tiny lights of night fishing boats danced and twinkled in the morning hours How many of them I wondered are patrol boats After multiple trips to Communist prison camps Lien Le knew that only death awaited him He soon began plotting his and his family s escape from Vietnam working out intricate details in the secrecy of the night Even after several failed attempts and years of planning his faith remained giving him the determination and the hope to press on The Spirit Stills the Storms From Tyranny to the American Dream is his bold journey to freedom one in which he risked all for his dreams of a better tomorrow His gifted storytelling filled with detailed description gives readers a firsthand glimpse of the prison camps perilous escape attempts overcrowded boats typhoon plagued passages and beyond leaving them with a newfound sense of appreciation and wonder for life liberty and the ever present spirit which stills the storms *Minnesota Moxie* Ben Welter,2016-07-18

Minnesotans are a tough lot capable of pulling a house six miles by muscle alone or giving birth to a sixteen pound boy In 1921 young Phoebe Fairgrave set a parachute world record stepping off the wing of a biplane 15 200 feet above the Twin Cities In 1962 the last powerhouse Gophers football team brought home the Rose Bowl trophy A year later thirteen year old Jean Webb of Minneapolis risked arrest and refused to leave a segregated restaurant In 1979 Gerry Spiess crossed the Atlantic alone in a 10 foot sailboat he built in his White Bear Lake garage These inspiring stories and dozens more culled from the Star Tribune newspaper archives are presented in their original form by author Ben Welter along with in depth background fresh interviews and more than seventy five historic photos **Humanities** ,2004 *Women with 2020 Vision* Jeanne Stevenson-Moessner,2020-10-06 Women haven t always had the right to vote From such diverse voices as John Stuart Mill and Cokie Roberts the absolute right of both women and men to vote has been affirmed And yet resistance to women s suffrage even by women themselves has a long and painful history In this exciting volume thirteen theologians and religious leaders in America look back at the historic victory in 1920 when women in the United States won the right to vote They then assess the current situation and speak into the future Women with 2020 Vision American Theologians on the Voice Vote and Vision of Women commemorates the 100th anniversary of women in the United States obtaining the right to vote a story that must be told and retold and reflected upon in light of the current sociopolitical theological realities **Nevada Historical**

**Society Quarterly** Nevada Historical Society,2008 **The Daughter's Walk** Jane Kirkpatrick,2011-04-05 A mother s tragedy a daughter s desire and the 7000 mile journey that changed their lives In 1896 Norwegian American Helga Estby accepted a wager from the fashion industry to walk from Spokane Washington to New York City within seven months in an effort to earn 10 000 Bringing along her nineteen year old daughter Clara the two made their way on the 3500 mile trek by following the railroad tracks and motivated by the money they needed to save the family farm After returning home to the Estby farm more than a year later Clara chose to walk on alone by leaving the family and changing her name Her decisions

initiated a more than 20 year separation from the only life she had known Historical fiction writer Jane Kirkpatrick picks up where the fact of the Estbys walk leaves off to explore Clara s continued journey What motivated Clara to take such a risk in an era when many women struggled with the issues of rights and independence And what personal revelations brought Clara to the end of her lonely road The Daughter s Walk weaves personal history and fiction together to invite readers to consider their own journeys and family separations to help determine what exile and forgiveness are truly about Kirkpatrick has done impeccable homework and what she recreates and what she imagines are wonderfully seamless Readers see the times the motives the relationships that produce a chain of decisions and actions all rendered with understatement Kirkpatrick is a master at using fiction to illuminate history s truths This beautiful and compelling work of historical fiction deserves the widest possible audience Publishers Weekly Starred Review *Mercy and Madness* Beverly Lionberger Hodgins,2022-04-01 Spokane Washington s first female physician Mary Archard Latham moved to the community with her three sons leaving her husband behind in Ohio in 1888 She sought a better climate for her health and worked tirelessly for the health of all of Spokane s citizens but particularly women and children and especially the poor She helped found the Spokane Humane Society and the Spokane Public Library and she was beloved and respected in the community Then in 1903 one of her sons died and she seemingly became unhinged She would be seen wandering the streets wailing and inconsolable and her behavior became extremely erratic In 1905 she was accused arrested and convicted of arson then sentenced to four years of hard labor in the state penitentiary She escaped into the forests of Idaho where she hid from a massive manhunt for a week before being captured and sent to prison in Walla Walla She eventually returned to Spokane a broken yet determined woman and died in 1917 Despite the tragic and violent events that characterized her later years today Dr Mary A Latham is honored in Spokane for the good she did in the first part of her life *Mercy and Madness* captures the captivating outrageous and sometimes sorrowful life of Dr Mary Archard Latham in her own words [Western American Literature](#) ,2005

**Newsletter - The Norwegian-American Historical Association** Norwegian-American Historical Association,2005

**A World of Her Own** Michael Elsohn Ross,2014-03-01 An inspiration for any young person who loves the outdoors wildlife or science A World of Her Own tells the stories of 24 brave women from different cultures epochs and economic backgrounds who have shared similar missions to meet the physical and mental challenges of exploring the natural world to protect the environment and native cultures and to leave a mark in the name of discovery Among the many bold women profiled are Rosaly Lopes who worked for NASA and discovered 71 volcanoes on one of Jupiter s moons Helen Thayer the first woman to walk and ski the Magnetic North Pole accompanied by only her dog Kay Cottee the first woman to successfully sail nonstop around the world completely unassisted and Anna Smith Peck who set the record for the highest climb in the Western Hemisphere at the age of 58 These and other engaging profiles based on both historical research and firsthand interviews stress how childhood passions and interests perseverance and courage led these women to overcome challenges

and break barriers to achieve great success in their adventurous pursuits and careers A bibliography and annotated list of exploration resources and organizations make this an invaluable resource for young explorers parents and teachers alike

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