

A LAWYER'S GUIDE TO HEALING

*Solutions for
Addiction and Depression*



DON CARROLL, J.D.

A Lawyers Guide To Healing Solutions For Addiction And Depression

Christian G. Meyer



A Lawyers Guide To Healing Solutions For Addiction And Depression:

A Lawyer's Guide to Healing Don Carroll, 2006-09-18 *A Lawyers Guide to Healing Directory, State and Local Lawyer Assistance Programs*, 2010 [Healing Addiction EMDR Therapy](#) Jamie Marich, Stephen Dansiger, 2021-08-09 There are just so many things that I love about this book that I simply don't know where to begin Marich and Dansiger take an approach that is comprehensive integrative relational and deeply hopeful They share their wisdom and lived experience as skilled clinicians AND as vulnerable human beings who themselves have struggled with addiction benefiting in profound ways from EMDR therapy Deborah Korn Psy D Co Author of *Every Memory Deserves Respect EMDR The Proven Trauma Therapy with the Power to Heal* This must read volume offers clinicians a road map to navigate the often convoluted and intricate journey of accompanying clients suffering the aftermath of trauma and addictions Clinicians will find in this book the guidance foundational and advanced skills as well as an incredibly rich repertoire of stabilization strategies Ana M Gomez MC LPC Author of *EMDR Therapy and Adjunct Approaches with Children Complex Trauma Attachment and Dissociation* *Healing Addiction with EMDR* is tailored to support therapists along the different phases of EMDR Therapy It focuses on understanding each individual case through case conceptualization and treatment planning and avoiding the simplistic What protocol should we use question People need to be understood as individual beings since this is the essence of EMDR Therapy Dolores Mosquera Co Author of *EMDR and Dissociation The Progressive Approach INTRA TP A Coru a Spain* Offers a holistic comprehensive approach to addiction treatment that combines standard EMDR therapy with specialty protocols This innovative and brand new EMDR therapy guide for healing addiction is the first book to underscore the efficacy of EMDR therapy as a primary modality for treating trauma and addiction Targeting the trauma lurking beneath the addiction the resource presents a comprehensive collection of best practices and strategies for using EMDR therapy to treat addictive disorders and guides practitioners in incorporating their protocols of choice into EMDR treatment While illuminating underlying theory the book focuses on practice knowledge and how therapists can translate this knowledge into clinical settings in order to provide clinicians with a fully integrated approach to the diagnosis treatment and management of addiction across populations Written in user friendly language by two prominent practitioners and trainers of EMDR therapy the book helps therapists to address the complexity of addictive disorders by providing a comprehensive guide to the standard eight phase protocol and adaptive information processing model as groundwork for case conceptualization and treatment Chapters contain case studies with commentary on relevant decision making points along with discussion questions to enhance critical thinking Abundant Tips and Tricks learned in the trenches make the text come alive with clinical relevance and references to many of the best specialty protocols and strategies for treating clients suffering from addiction due to trauma guide readers to choose the best protocol for each situation Purchase includes digital access for use on most mobile devices or computers Key Features Authors lived experience brings a wealth of real world application

Introduces the standard EMDR therapy protocol as a modality of choice for treating trauma and addiction disorders Rates popular specialty protocols for addiction and provides guidance on how to integrate them into treatment Delivers a wealth of best practices and strategies for working with clients with addiction issues Addresses effectively working with dissociation in EMDR therapy Focuses on best practice informed by a thorough review of up to date scholarly literature Uses abundant case studies Tips and Tricks from the Field and practical exercises to reinforce knowledge Subject Guide to Books in Print ,1997 **American Book Publishing Record** ,2003 Cumulated Index Medicus ,2000 Atlanta Magazine ,2006-05 Atlanta magazine s editorial mission is to engage our community through provocative writing authoritative reporting and superlative design that illuminate the people the issues the trends and the events that define our city The magazine informs challenges and entertains our readers each month while helping them make intelligent choices not only about what they do and where they go but what they think about matters of importance to the community and the region Atlanta magazine s editorial mission is to engage our community through provocative writing authoritative reporting and superlative design that illuminate the people the issues the trends and the events that define our city The magazine informs challenges and entertains our readers each month while helping them make intelligent choices not only about what they do and where they go but what they think about matters of importance to the community and the region *The Advocate* ,2001-08-14 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States *Forthcoming Books* Rose Arny,1999 **Books In Print 2004-2005** Ed Bowker Staff,Staff Bowker, Ed,2004 **Words on Cassette** ,1997 *Medical and Health Care Books and Serials in Print* ,1997

The New York Times Index ,1975 **Addiction and Mood Disorders** Dennis C. Daley,2006-07-20 Millions of individuals diagnosed with severe mental illness also suffer from an equally powerful substance use disorder If you or someone you love has been diagnosed with dual disorders this book can help **Addiction and Mood Disorders A Guide for Clients and Families** is designed primarily to educate individuals with dual disorders and their families about mood and addictive use disorders It not only gives a message of hope but also provides practical suggestions on ways to manage these disorders The author provides guidelines and strategies for recovery from dual disorders based on and adapted from various treatments that have proven effective for addiction mood disorders or both This book is filled with case examples that show growth and positive change as well as the difficulties many individuals struggling with a dual diagnosis face Advocating a recovery model in which the affected individual takes responsibility for getting the most out of professional treatment and self help programs this book shows that being an active participant is the key to getting the most out of your recovery This book is for use not only by those individuals who suffer from addiction and mental illness but also by their family friends and other members of their support system Professionals who work with these individuals will find this book to be a useful guide in their clinical work as well *Journey to Recovery* Dr Dawn-Elise Snipes,2015-04-15 Journey to Recovery A

Comprehensive Guide to Recovery from Addiction and Mental Health Problems Learn how to start recovering from addiction and mental health problems Use practical concise exercises to develop the tools you need to be happy and sober Discover why previous attempts have failed Explore options to the current 12 step and faith based approaches to recovery Begin your journey The Journey to Recovery Series has been designed to provide people with practical tools that can be easily implemented in order to quickly begin to recover from addiction and mental health issues This series uses motivational and strengths based approaches to help people understand what works best for them as individuals Journey to Recovery A Comprehensive Guide to Recovery from Addiction and Mental Health Problems explains how addictions and mental health issues are related how they both negatively impact every aspect of people s lives and provides tools to help people begin their recovery from both BIOGRAPHY Dr Dawn Elise Snipes is the CEO and Director of Education for All CEUs and has provided over 200 000 hours of training to counselors throughout the world She is a nationally certified counselor and a licensed mental health counselor and has a private counseling practice where she specializes in co occurring disorders counseling and recovery coaching Snipes has worked in the addictions treatment field since 1998 worked as an assistant professor at the University of Florida published 50 Tips for Depression Recovery and served as the wellness consultant for the Southern States Police Benevolent Association from 2005 2011 **The Anti-Depressant in You Workbook** Imagine

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