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# AMERICAN REDCROSS LIFEGUARD, RED CROSS LIFEGUARDING PRACTICE TEST 59 QUESTIONS AND ANSWERS

PPE - answer Personal Protective Equipment

FAST - answer Face, Arm, Speech, Time

EAP - answer Emergency Action Plan

AED - answer Automated External Defibrillator

SAMPLE - answer 1. Signs/Symptoms

2. Allergies

3. Medications

4. Past History

5. Last Oral Intake

6. Events leading to injury/illness

FIND - answer 1. Figure out problem

2. Intensify possible solutions

3. Name pros and cons of each solution

4. Determine best choice

RICE - answer 1. Rest

2. Immobilize

3. (Apply something) Cold

# American Red Cross Lifeguarding Test Answers

**American Red Cross**

The logo of the American Red Cross, featuring a red circle with a white cross inside, is positioned to the right of the text "American Red Cross".

## American Red Cross Lifeguarding Test Answers:

**Professional Lifeguard Textbook** American Red Cross,1994-10      Lifeguarding Today American Red Cross,1995  
*American Red Cross First Aid, Responding to Emergencies* American Red Cross,2001      **Forthcoming Books** Rose  
Army,1992      **Barrow & McGee's Practical Measurement and Assessment** Kathleen A. Tritschler,2000 Up to date  
measurement and assessment skills are necessary in preparing to become a physical education exercise or sport professional  
This edition maintains the integrity of previous editions by continuing its practical approach to content featuring complete  
and ready to use assessment tools and scoring information It focuses on measurement and assessment in all three  
educational domains physical cognitive and affective Helpful pedagogical devices include What Do YOU Think controversy  
boxes self test questions with answers keyword lists chapter summaries Computer assisted Searches sections and Doing  
Projects boxes for further learning New to this edition are nine special applications chapters written by renowned experts in  
their fields who explain how measurement and assessment skills are applied in their areas of specialization These chapters  
are unique since NO other textbook in the field offers anything similar      Deskbook Encyclopedia of American School Law  
,2001      *American Red Cross Lifeguard Exam* Educational Testing Group,2018-04-09 This practice test includes 140  
multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you  
to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study  
guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER  
SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First  
Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow  
Water Lifeguarding Skills      Deskbook Encyclopedia of American School Law 2001 Oakstone Legal & Business  
Publishing,2000      *Best's Insurance News* ,1958      **CAHPERD Journal Times** California Association for Health, Physical  
Education, Recreation and Dance,1989      **Subject Guide to Books in Print** ,1991      **Backpacker** ,2001-03 Backpacker  
brings the outdoors straight to the reader s doorstep inspiring and enabling them to go more places and enjoy nature more  
often The authority on active adventure Backpacker is the world s first GPS enabled magazine and the only magazine whose  
editors personally test the hiking trails camping gear and survival tips they publish Backpacker s Editors Choice Awards an  
industry honor recognizing design feature and product innovation has become the gold standard against which all other  
outdoor industry awards are measured      Negligence Cases, Other Than Automobile ,1968      **The Advocate** ,2001-08-14  
The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest  
continuing LGBT publication in the United States      *Park Maintenance* ,1959 Includes an Annual buyer s guide      **Live**  
**Stock Journal** ,1904      **Lifeguarding Manual** American National Red Cross,2023-12-31      **American Red Cross**  
**Lifeguarding** American Red Cross,2012      American Red Cross Lifeguarding Manual American Red Cross,2012-01-05 As

the number of community pools and waterparks grows nationwide participation in aquatic activities is also growing Lifeguards must receive proper and effective training and maintain their skills to ensure their ability to work effective with others as a part of a lifeguard team This manual will supplement your in service training to keep your knowledge and skills sharp *American Red Cross Lifeguarding* ,1990 This text is intended as a guide for lifeguards for lifeguard training instructors and for managers of aquatic facilities who want to establish a system for selecting training and using lifeguards This text focuses on the skills and knowledge an individual requires to properly assume lifeguarding responsibilities at a swimming pool water park or a protected nonsurf open water beach This text emphasizes that additional training will need to be provided by aquatic facilities where lifeguards are employed Chap 1

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