d. Put on appropriate PPE. {{Ans-A

When providing care during an emergency, which of the following should you do first?

- Size-up the scene while forming an initial impression.
- b. Check for responsiveness.
- c. Perform a primary assessment.
- d. Summon more advanced medical personnel. {{Ans-A

As the first rescuer on the scene, you are performing CPR on an adult. When performing chest compressions, how deeply should you compress the chest?

- a. About 2 inches
- b. At least 2 inches but no more than 2.4 inches
- c. About 1% inches
- d. At least 1 inch but no more than 2 inches {{Ans-B

CPR should be performed on which of the following victims?

- a. One who is in cardiac arrest
- b. One who is conscious and is choking
- c. One who is experiencing difficulty breathing
- d. One who responds to painful stimuli {{Ans- A

What is the first step of the Adult Cardiac Chain of Survival?

- Early CPR to keep oxygen-rich blood flowing and to help delay brain damage and death.
- Early defibrillation to help restore an effective heart rhythm and significantly increase the Vitim's chance for survival.
- c. Advanced life support using advanced medical personnel who can provide the proper tools and medication needed to continue the lifesaving care.
- d. Recognition of a cardiac emergency and activation of the emergency response system. {{Ans-D

You are providing care to a victim suspected of having a heart attack. Which of the following would you do first?

- a. Summon EMS personnel.
- b. Loosen any tight clothing.
- Monitor the victim's appearance.
- d. Provide comfort to the victim. {{Ans-A

Once you have turned on the automated external defibrillator (AED), you should:

- Check for breathing.
- b. Give abdominal thrusts.
- c. Apply the pads and allow the AED to analyze the heart rhythm.
- d. Give chest compressions. {{Ans-C

# **American Red Cross Study Guide 2015**

O. Ray Whittington

American Red Cross Study Guide 2015:

The Top Books of the Year American Red Cross Study Guide 2015 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the captivating narratives that have captivated audiences this year. The Must-Read: Colleen Hoovers "It Ends with Us" This touching tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. American Red Cross Study Guide 2015: Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic: Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a guiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and gripping novel that will keep you guessing until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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