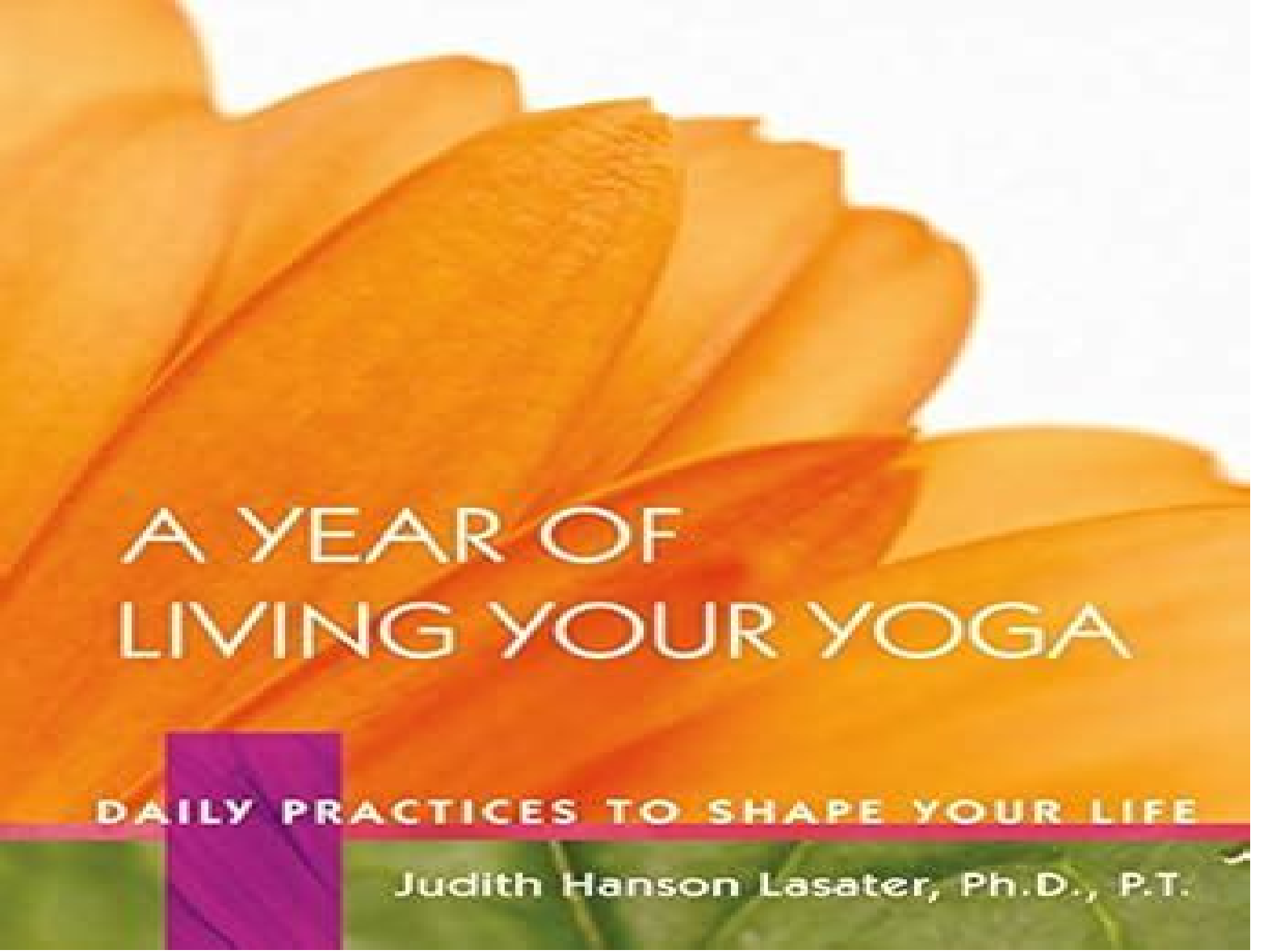




A YEAR OF LIVING YOUR YOGA

DAILY PRACTICES TO SHAPE YOUR LIFE

Judith Hanson Lasater, Ph.D., P.T.

A Year Of Living Your Yoga Daily Practices To Shape Your Life

RS Peters

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