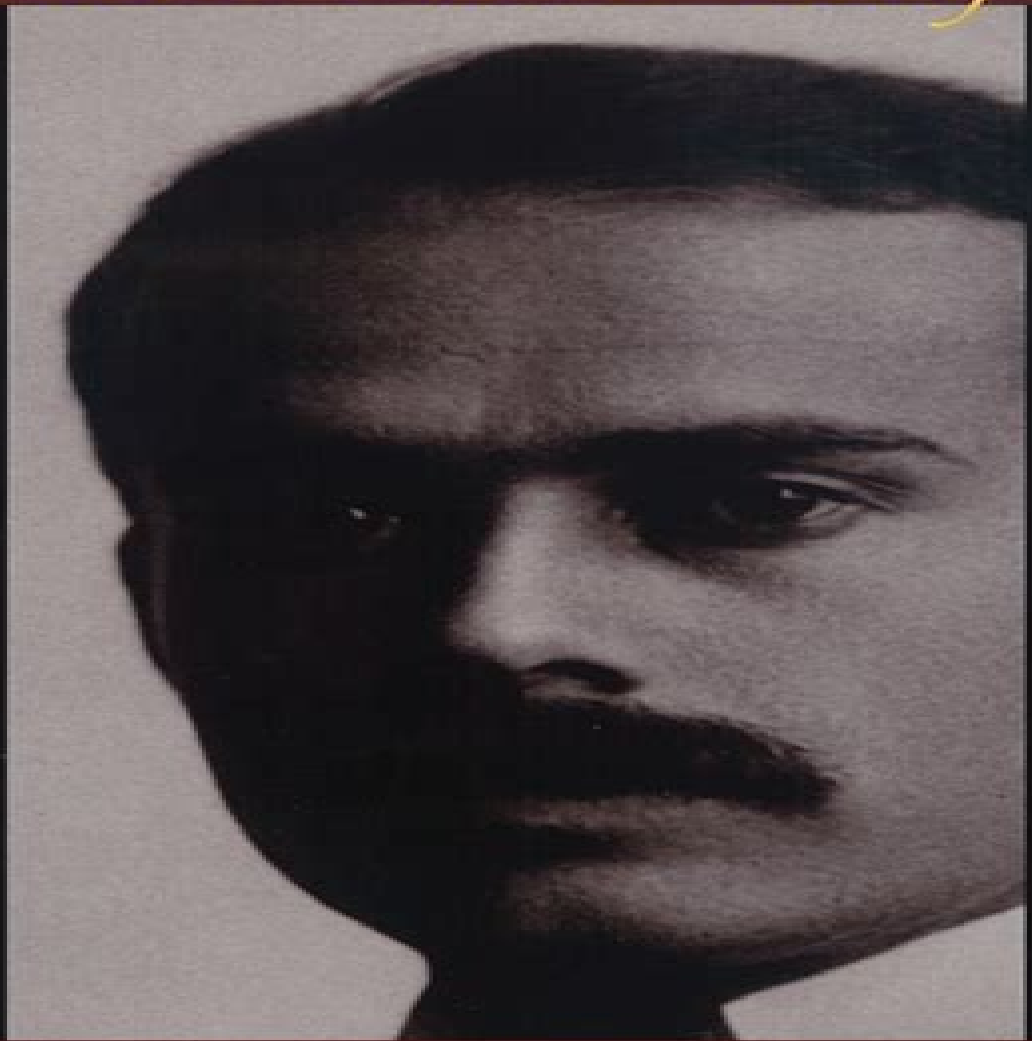


# *A Mind That Found Itself*

*An Autobiography*

*The classic account  
of the ravages of  
mental illness*

*Preface by  
Robert Coles*



**CLIFFORD WHITTINGHAM BEERS**

# A Mind That Found Itself Contemporary Community Health Series

**Clifford W. Beers**



## **A Mind That Found Itself Contemporary Community Health Series:**

**A Mind That Found Itself** Clifford W. Beers, 2014-08-15 With a Preface by Robert Coles At once a classic account of the ravages of mental illness and a major American autobiography *A Mind That Found Itself* tells the story of a young man who is gradually enveloped by a psychosis His well meaning family commits him to a series of mental hospitals but he is brutalized by the treatment and his moments of fleeting sanity become fewer and fewer His ultimate recovery is a triumph of the human spirit The publication of *A Mind That Found Itself* did for the American mental health movement what Thomas Paine's *Common Sense* did for the American Revolution Moreover it grips the imagination of readers not because it is a document of social reform but because it is a superb narrative As the distinguished psychiatrist and writer Robert Coles has noted the book provides the virtues of clinical analysis as well as personal reminiscence all rendered with a novelist's eye for the particular for emotional nuance for chronological progression Steadily forthrightly we come in touch with the nature of delusions and hallucinations the complex symbolically charged nightmarish world of fear suspicion irritability and truculence Recovered from his illness Beers began a lifelong crusade through the National Committee for Mental Hygiene and the American Foundation for Mental Hygiene to revolutionize the care and treatment of the mentally ill The persuasive chronicler of mental illness became a sophisticated pragmatic organizer and reformer *A Mind That Found Itself* was first published in 1908 but remains compelling and clinically accurate an unforgettable reading experience [National Library of Medicine Current Catalog](#) National Library of Medicine (U.S.), 1982 **Current Catalog** National Library of Medicine (U.S.), 1982 First multi year cumulation covers six years 1965-70 **Monographic Series** Library of Congress, 1982 *Clio Medica. Acta Academiae Internationalis Historiae Medicinae, Vol. 17*, 2020-01-29 As periodical of the International Academy of the History of Medicine this *Clio Medica* volume contains 12 papers **The Aging** Bennett M. Rich, Martha Baum, 2010-11-23 This book provides a comprehensive analysis of federal programs for the aging and their origins Landmark federal legislation affecting the aging was enacted in the 1930s and the intervening decades have witnessed a dramatic increase in the number and scope of programs But far from constituting a cohesive national policy for the elderly the many programs reflect the particular political and social conditions surrounding their origin and implementation The multiplicity and complexity of resources and services available make achieving even a reasonable grasp of this field extremely difficult This study offers a coherent and readable summary of this important area of federal legislation **A Mad People's History of Madness** Dale Peterson, 1982-03-15 A man desperately tries to keep his pact with the Devil a woman is imprisoned in an insane asylum by her husband because of religious differences and on the testimony of a mere stranger a London citizen is sentenced to a private madhouse This anthology of writings by mad and allegedly mad people is a comprehensive overview of the history of mental illness for the past five hundred years from the viewpoint of the patients themselves Dale Peterson has compiled twenty seven selections dating from 1436 through 1976 He prefaces each excerpt with biographical information

about the writer Peterson's running commentary explains the national differences in mental health care and the historical changes that have taken place in symptoms and treatment. He traces the development of the private madhouse system in England and the state-run asylum system in the United States. Included is the first comprehensive bibliography of writings by the mentally ill.

**The U.S. Experiment in Social Medicine** Alice Sardell, 2012-01-12 This book represents the first political history of the federal government's only experiment in social medicine. Alice Sardell examines the Neighborhood or Community Health Center Program (NHC/CHC) from its origins in 1965 as part of Lyndon Johnson's War on Poverty campaign up until 1986. The program embodied concepts of social medicine, community development, and consumer involvement in health policy decision making. Sardell views the NHC experiment in the context of a series of political struggles beginning in the 1890s over the boundaries of public and private medicine and demonstrates that these health centers so challenged mainstream medicine that they could only be funded as a program limited to the poor.

**Modern Community Mental Health** Kenneth Yeager, David Cutler, Dale Svendsen, Grayce M. Sills, 2013-03-21 This is the first truly interdisciplinary book that examines how professionals work together within community mental health. It takes into account the key concepts of community mental health and combines them with current technology to develop an effective formula that redefines the community mental health practice.

*A Mind that Found Itself* Clifford Whittingham Beers, 2013-01-02 In the groundbreaking book Clifford Beers tells what it was like to be institutionalized at a time when mental illness received little attention or respect. *A Mind that Found Itself* is Clifford Beers's own story as one of five children who all suffered psychological distress and were all confined to mental institutions at one time or another. Beers wrote the book after his own confinement gained the support of the medical profession and was a leader in the mental hygiene movement. *A Mind that Found Itself* has been an inspiration to many mental health professionals in their choice of a profession. It also did much to help the rest of the world see mental health issues as a serious disease. *A Mind that Found Itself* is an excellent read for anyone seeking to better understand or treat mental illness.

*Library of Congress Catalogs* Library of Congress, 1983  
*Publishers Trade List Annual, 1992*, 1992

**Health Care Research Series** University of Iowa. Graduate Program in Hospital and Health Administration, 1969

**A History of Modern Psychology** C. James Goodwin, 2022-09-27 A History of Modern Psychology provides a thorough account of the philosophical roots and recent history of psychology. Focusing on the ideas, concepts, and research contributions of pioneer psychologists who worked in the nineteenth and twentieth centuries, Dr. C. James Goodwin helps undergraduate students connect psychology's present with its rich past. Now in its sixth edition, A History of Modern Psychology provides expanded coverage of the history of the applied areas of psychology, philosophical and physiological antecedents, and significant advancements in the field in the twenty-first century.

*The Rotarian*, 1977-10  
Established in 1911, The Rotarian is the official magazine of Rotary International and is circulated worldwide. Each issue contains feature articles, columns, and departments about or of interest to Rotarians. Seventeen Nobel Prize winners and 19

Pulitzer Prize winners from Mahatma Ghandi to Kurt Vonnegut Jr have written for the magazine *Books in Print* ,1991

*Foundations of Mental Health Promotion* Manoj Sharma,Paul Branscum,2020-08-10 Written for undergraduate and graduate courses in public and community health the second edition of Foundations of Mental Health Promotion provides a current look at mental health and mental illness with a focus on medical epidemiological behavioral sociological political historical developmental and cultural perspectives in the field Readers are introduced to the field of mental health promotion and both individual level and population level approaches to handling mental health concerns are emphasized

**Psychiatric Mental Health Nursing** Patricia G. O'Brien,Winifred Z. Kennedy,Karen A. Ballard,2012-02-15 A comprehensive easy to read introductory text for nursing students The book is organized into three sections Introduction to Psychiatric Mental Health Nursing Mental Health Disorders and Nursing Management of Special Populations This unique text is the most comprehensive psychiatric mental health resource available **Clio Medica** ,1983 **Medical Books and Serials in Print** ,1984

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