



Painted by John Atkinson

## Shell guide to ESSEX



Water is front, even in the hinterland. That is the pattern of Essex. Gentlelands slope very gently to estuaries, meadows, saltings, and white weather-boarded mills where the wheat was grown, in this fertile west country of low and lazy moats shading off into the North Sea. The East Saxons, or "East Saxes"—hence the name Essex—created that sea with their wives and children and cattle and grain about 1,000 years ago. On now crosses the sea to Shell Haven. Objects in the foreground tell of more ancient history: of the British, then the Romans at Camulodunum or Colchester. Here are coins (1) of King Cunobelinus or Cymbeline, minted at Camulodunum, which he made the chief city of all Britain in the years before the Roman invasion of A.D. 43. Here, too, is a pig (2) from a child's hoard of A.D. 45-50. Also a crystal of sea-salt (3) as symbol of the most ancient industry of Essex, the making of salt by pouring sea-water over hot earthenware bars. This industry of King Cymbeline's era has left curious "Red Hills" or barish mounds of red sand (sometimes greenish) debris on the coastal farm lands, particularly along the Blackwater Estuary. From the new city which the Romans called Colonia Victricensis, came this carving of a sphinx (4). The East Saxons renamed the Roman city "Colnecestre", the "Roman city on the Colne". Even in Roman times the Colne had both famous for oysters. The Silver Oyster (5) in the picture belongs to Colchester Corporation, and was made as the official standard of the size the Colne oysters must reach before they are gathered. Nearby are two wild flowers of the Essex saltings, Sea Lavender (6) and Sea Aster (7). Inland the clays of Essex are celebrated for hornbeams (8) (pollarded hornbeams are characteristic of Epping Forest, from the glades of which the poet John Clare used to see London "like a church among the hills") and for the true Osip (9) of woods and coopers, which is rather larger and more pallid than the Cowslip. Notice on the right the bedstraw (10), which are common above the roofs of some of the older houses along the Essex coast.

The "Shell Guide to Wild Life", a monthly series depicting animals and plants in their natural surroundings, which gave pleasure to so many people, is published in book form by Phoenix House Ltd at 7/6. The "Shell Guide to Trees" and "Shell Guide to Flowers of the Countryside" are also available at 7/6 each. On sale in bookshops and bookstalls.

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# Essex A Shell Guide

**Jeanne Gay**



## Essex A Shell Guide:

**Essex : a Shell guide** Norman Scarfe, 1968      **Essex** Norman Scarfe, 1968      **Essex** Norman Scarfe, 1968      **Essex**, 1964      *British Sources of Information* P. Jackson, 2003-09-02 This comprehensive and versatile reference source will be a most important tool for anyone wishing to seek out information on virtually any aspect of British affairs life and culture The resources of a detailed bibliography directory and journals listing are combined in this single volume forming a unique guide to a multitude of diverse topics British politics government society literature thought arts economics history and geography Academic subjects as taught in British colleges and universities are covered with extensive reading lists of books and journals and sources of information for each discipline making this an invaluable manual      **East Anglia's History** Christopher Harper-Bill, Carole Rawcliffe, Richard George Wilson, 2002 East Anglia's political and economic importance in the middle ages is plain for all to see stemming initially from its crucial position on the eastern shores of the North Sea and its participation in the successive patterns of invasion and settlement of England Archaeological evidence abounds burial mounds castles great churches deriving from the wealth created by sheep yeoman farmhouses and market towns of eighteenth century elegance Behind these visible manifestations of the march of centuries lie particular histories and these seventeen studies from the region's best scholars reveal some of those jigsaw puzzles of time ranging from the Domesday herring industry by way of monasteries memorials wills Gainsborough and garden history to the growing passion for natural history and science in the mid nineteenth century They make a serious contribution to an understanding of the region and at the same time honour Norman Scarfe whose own studies have played a notable part in the interpretation of East Anglia's history Contributors JOHN BLATCHLY JAMES CAMPBELL CHRISTOPHER HARPER BILL CAROLE RAWCLIFFE DAVID DYMOND PETER NORTHEAST COLIN RICHMOND JUDITH MIDDLETON STEWART DIARMAID MacCULLOCH HASSELL SMITH TOM WILLIAMSON EDWARD MARTIN JONATHAN THEOBALD RICHARD WILSON HUGH BELSEY STEVEN PLUNKETT GEOFFREY MARTIN MICHAEL HOWARD      **Wills of the Archdeaconry of Sudbury, 1439-1474** Peter Northeast, 2001      **Cross Country** Peter Ashley, 2012-03-30 In Cross Country photographer and author Peter Ashley unleashes his passion for Blighty He takes us on an enlightening jaunt that encompasses many of England's most loved regions His love of buildings and landscape extends far beyond architecture in picturesque surroundings By combining personal reminiscence and an ear for intriguing anecdote he shows us with wit and sometimes irreverent comment just how richly varied the fabric of England is abandoned Cornish tin mines above tide washed caves Norfolk boat sheds leaning on salt marches Romney Marsh shepherd's houses disappearing behind roadside willows and hedges looked over in Wiltshire Local details are found in both Essex estuaries and Cumbrian sand dunes and long abandoned railway lines are once again pressed into service to take us around his beloved High Leicestershire Ashley never misses the curious and neglected be it a sheep wash in the Cotswolds or a disused petrol pump in Herefordshire He travels deep into the countryside he cares about

His wry observations allow us to rediscover and delight in what many of us might previously have deemed familiar territory

**John Hopton: A Fifteenth Century Suffolk Gentleman** Colin Richmond, 2005-09-29 Colin Richmond's book is an attempt to place a particular English gentleman in the framework of the world he knew. It opens with the story of this landless Yorkshireman's acquisition of rich properties in Suffolk and a discussion of those estates themselves, how they were managed and their yield. Country Fair, 1969. The Antiquaries Journal, 1971. The Thames Mick Sinclair, 2012-04-24. It may not be the longest, deepest or widest river in the world, but few bodies of water reveal as much about a nation's past and present or as suggestive of its future as England's River Thames. Tales of legendary lock keepers and long vanished weirs evoke the distant past of a river which evolved into a prime commercial artery linking the heart of England with the ports of Europe. In Victorian times the Thames hosted regattas galore; its new bridges and tunnels were celebrated as marvels of their time, and London's river was transformed from sewer to centrepiece of the British Empire. Talk of the Thames Gateway and the effectiveness of the Thames Barrier keeps the river in the news today, while the lengthening Thames Path makes the waterway more accessible than ever before. Through quiet meadows, rolling hills, leafy suburbia, industrial sites and a changing London riverside, Mick Sinclair tracks the Thames from source to sea, documenting internationally known landmarks such as Tower Bridge and Windsor Castle and revealing lesser known features such as Godstow Abbey, Canvey Island, the Sandford Lasher and George Orwell's tranquil grave. *Suffolk in the Middle Ages* Norman Scarfe, 2007. Norman Scarfe explores place names, the Sutton Hoo ship burial, the coming of Christianity and the abbey at Bury St Edmunds, concluding with an evocative study of five Suffolk places: Southwold, Dunwich, Yoxford and Wingfield and Fressingfield. The modern landscape of Suffolk is still essentially a medieval one, though much of it is even earlier: the five hundred medieval churches and ten thousand listed houses of historic or architectural interest and the Hundred lanes going back at least to the tenth century are often found to be set in a landscape created before the Roman conquest. Suffolk in the Middle Ages opens with a discussion of the earliest written records, the place names as a guide to settlement patterns, including the setting of Sutton Hoo. Among the grave goods found in that celebrated ship and discussed here was the whetstone sceptre, asked to carry it from its showcase in the British Museum to the laboratory, the author acknowledges a closer feeling of involvement even than helping to re-open the ship in its mound in 1966. His explanation of the presence of the whetstone sceptre printed here has never been challenged. The identification of a carved Anglo-Saxon cross at Iken in 1977 prompted the essay here on St Botolph and the coming of East Anglian Christianity. This leads to a consideration of the Danish invasion of East Anglia and a reexamination of the posthumous victory of King Edmund and Christianity as portrayed in an imaginary Breckland warren. On the front of this book, Scarfe's carefully reasoned argument that the Metropolitan Museum's famous walrusivory cross was made for the monks' choir at Bury has never been refuted. Life in Bury Abbey is vividly reconstructed; it was the most richly documented flowering of the work of East Anglia's apostles Felix and Fursa, which also led to the phenomenal establishment

in Suffolk by 1086 of four hundred of the five hundred medieval churches In four East Suffolk essays Southwold Dunwich Yoxford and Wingfield are exposed to Norman Scarfe s interpretativeskills He reveals a past few could have guessed at often quite as curious as the Two Strange Tales unravelled in his concluding pages      **Bulletin** Salem Public Library,1895      A Painter's Camera John Piper,1987      *The Illustrated London News* ,1961-07      **The British National Bibliography** Arthur James Wells,1979      **Travel & Tourism Bibliography and Resource Handbook** Jeanne Gay,1981      *The Behavioural Environment* F.W. Boal,D.N. Livingstone,2003-09-02 Placing human action and perception at the centre of the subject this book considers the effects of mankind on the environment drawing particularly from William Kirk s work on the behavioural environment model Reviewing Kirk s original model in light of recent ideological debate and extensive new evidence this collection of essays from leading names in the field shows that a behavioural approach is essential in understanding human geography and man s relationship with the ecological environment      **Official Gazette of the United States Patent and Trademark Office** ,1997

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