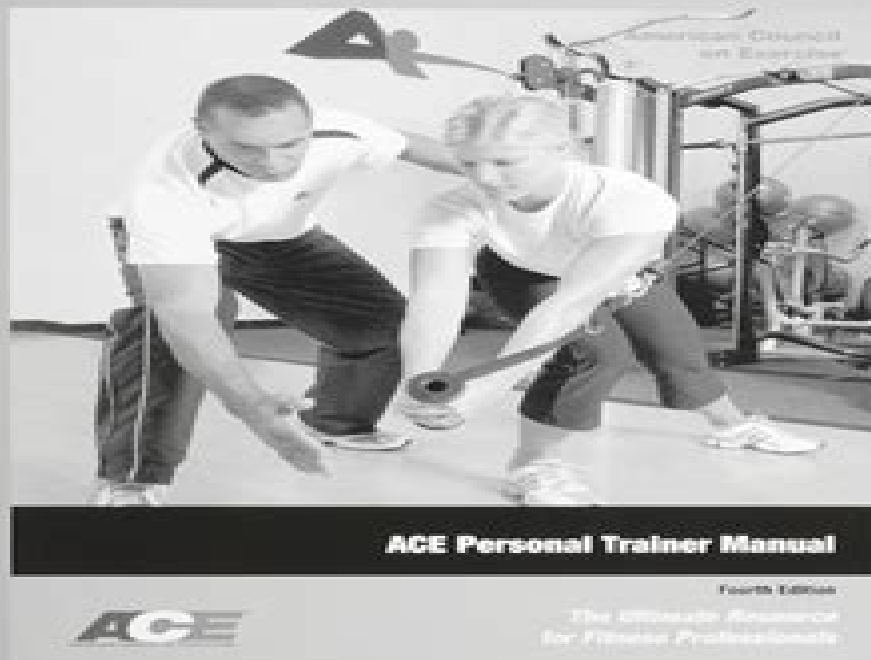


ACE Personal Trainer

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AMERICAN COUNCIL ON EXERCISE

Ace Manual 4th Edition

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