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Clemens Wendtner

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mein blutdruck pass gesundheitskasse - Oct 01 2022

web starten sie die messung machen sie zwischen zwei messungen min destens eine minute pause die werte schwanken
laufend das ist normal sie werden daher selten zwei gleiche werte hinter einander erhalten der normwert geht bis maximal
135 85 mmhg höher sollte der blut druck normalerweise nicht sein bis auf wenige ausnahmen