

American Red Cross Lifeguard. 2022Emergency Medicine Red Cross Lifeguard Test complete Guide Latest

How can you protect yourself from possible blood borne pathogens transmission when providing care?

{{Ans- Use PPE
such as
Disposable Gloves
Breathing Barrier/Mask

A child is wheezing and grabbing his chest. After obtaining consent his mother tells you he has asthma but does not have his inhaler nearby. What care should you provide?

{{Ans-
1) Summon EMS
2) Place victim in positions that helps breathing

While at the snack bar a child grabs his throat. You ask him if he is choking and he nods yes. You activate the facility's emergency action plan. You tell him you a life guard and get consent from his parents. What should you do next?

{{Ans-
1) Stand/kneel behind victim
2) give 5 back blows
3) Followed by 5 abdominal thrusts

You and another life guard find an unconscious adult on the floor in the locker room. You activate EAP, size up scene, and perform primary assessment. You find the victim not breathing but has a pulse. You call 911 then...?

{{Ans- give 1 breath every 5 seconds

You come upon a scene where a patron appears to be injured. Before approaching the victim what should you do to size up the scene?

{{Ans- Begin primary assessment

When providing care during an emergency what should you first do? {{Ans- Size up the scene

You were performing CPR on an adult how deep should you compress the chest? {{Ans- At least 2 inches

American Red Cross Lifeguard Exam Study Guide

IM Harris



American Red Cross Lifeguard Exam Study Guide:

This book delves into American Red Cross Lifeguard Exam Study Guide. American Red Cross Lifeguard Exam Study Guide is a vital topic that must be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into American Red Cross Lifeguard Exam Study Guide, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to American Red Cross Lifeguard Exam Study Guide
 - Chapter 2: Essential Elements of American Red Cross Lifeguard Exam Study Guide
 - Chapter 3: American Red Cross Lifeguard Exam Study Guide in Everyday Life
 - Chapter 4: American Red Cross Lifeguard Exam Study Guide in Specific Contexts
 - Chapter 5: Conclusion
 2. In chapter 1, the author will provide an overview of American Red Cross Lifeguard Exam Study Guide. This chapter will explore what American Red Cross Lifeguard Exam Study Guide is, why American Red Cross Lifeguard Exam Study Guide is vital, and how to effectively learn about American Red Cross Lifeguard Exam Study Guide.
 3. In chapter 2, this book will delve into the foundational concepts of American Red Cross Lifeguard Exam Study Guide. This chapter will elucidate the essential principles that need to be understood to grasp American Red Cross Lifeguard Exam Study Guide in its entirety.
 4. In chapter 3, the author will examine the practical applications of American Red Cross Lifeguard Exam Study Guide in daily life. The third chapter will showcase real-world examples of how American Red Cross Lifeguard Exam Study Guide can be effectively utilized in everyday scenarios.
 5. In chapter 4, the author will scrutinize the relevance of American Red Cross Lifeguard Exam Study Guide in specific contexts. The fourth chapter will explore how American Red Cross Lifeguard Exam Study Guide is applied in specialized fields, such as education, business, and technology.
 6. In chapter 5, this book will draw a conclusion about American Red Cross Lifeguard Exam Study Guide. This chapter will summarize the key points that have been discussed throughout the book.
- This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of American Red Cross Lifeguard Exam Study Guide.

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