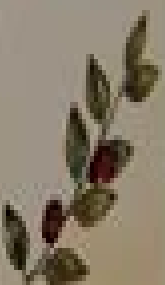


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A



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HEALING HERBS



DANIEL REID

A Handbook Of Chinese Healing Herbs Illustrated By Dexter Chow

Zelin Chen, Mei-fang Ch'en



A Handbook Of Chinese Healing Herbs Illustrated By Dexter Chow:

Moore's Rural New-Yorker, 1888 **Forthcoming Books** Rose Arny, 2000 **A Handbook of Chinese Healing Herbs** Daniel P. Reid, 1995-08-01 Traditional Chinese medicine is perhaps the oldest system of health care in the world and one of the safest and most effective. This first easy to use pocket guide provides everything readers need to know to explore Chinese herbal medicine for themselves. The book includes A brief overview of the basic terms and concepts of traditional Chinese medicine. Simple instructions on how to prepare herbal formulas at home. An illustrated guide to 108 of the most widely used Chinese herbs with descriptions, therapeutic effects, preparation methods and dosages. A guide to dozens of readily available prepared herbal formulas for common ailments. An index of symptoms and ailments. Listings of mail order houses for herbs, herbal formulas and other supplies. Suggestions for further reading.

A Handbook of Chinese Healing Herbs Daniel P. Reid, 1999 **Illustrated Chinese Medicine** X. Dr. Guang, 2000-12 *Pocket Handbook of Chinese Herbal Medicine* Zong Lan Xu, 2005-11 *The Complete Illustrated Guide to Chinese Medicine* Tom Williams, 1999 **Clinical Handbook of Chinese Herbs** Will Maclean, 2017-02-21 A comprehensive handbook of Chinese herbs and their clinical applications. This updated reference describes in detail each herb's characteristics with comparative charts to help clinicians discriminate between similar herbs and dosage guidance.

Pocket Handbook of Chinese Herbal Medicine Lan Xu Zong, 2000 **Handbook of Chinese Herbal Medicine** Lydia Stephens, 2021-11-16 Chinese herbal medicine is a branch of traditional Chinese medicine. It involves the use of Chinese herbs for treating diseases. The most common method of Chinese herbal medicine is the preparation of decoction. Such a decoction includes nine to eighteen substances. These substances are classified as the main herbs or ancillary herbs. A decoction may also use some substances which cancel out the side effects or toxicity of herbs. These decoctions are later condensed and converted into a powdered or granular form. The most prominent herbs used in Chinese herbal medicine are wolfberry, astragalus, ginseng, cinnamon, dong quai, licorice, salvia, coptis, etc. This book is compiled in such a manner that it will provide an in-depth knowledge about the theory and practice of Chinese herbal medicine. From theories to research to practical applications, case studies related to all contemporary topics of relevance to this field have been included herein. This book is a vital tool for all researching or studying this discipline as it gives incredible insights into emerging trends and concepts.

The Healing Power of Chinese Herbs and Medicinal Recipes Joseph P. Hou, Youyu Jin, 2005. *The Healing Power of Chinese Herbs and Medicinal Recipes* is an easy to follow introduction to the history and fundamentals of traditional Chinese medicine. This useful guide clearly explains the basics of this unique medical system and describes in detail the therapeutic properties and use of 138 medicinal herbs and 101 herbal recipes. The book includes a bibliography, glossary, contact information for herbal dealers and Oriental medicine schools and an indexed list of 300 commonly used Chinese medicinal herbs and 245 herbal recipes. This comprehensive reference will benefit healthcare practitioners with an interest in using Oriental medicine in addition to anyone who is interested in Chinese herbs or patients.

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The Complete Illustrated Guide to Chinese Medicine Tom Williams,1996 Includes material on yin and yang the five elements qi energy jing shen the Zang the Fu the eight principles moxabustion cupping acupressure taiji taijiquan and feng shui among other topics

The Chinese Medicine Bible Ody, Penelope Ody,2010 The Chinese Medicine Bible explores the key principles of Chinese alternative therapies explaining the importance of balancing yin and yang and the nuances of the five element theory before delving deeper to explain the causes of disease the diagnostic tools needed such as tongue and pulse analysis and the methods employed to treat common ailments The book also contains a detailed directory of Chinese herbal medicine including a materia medica of 50 essential healing herbs and outlines the principles of acupuncture and moxabustion Along with fully illustrated step by step guides to self help techniques you can try at home including acupressure tai chi and Qigong The Chinese Medicine Bible shows you how to easily maintain your health and vitality using these natural time tested techniques

A Clinical Guide to Chinese Herbs and Formulae Song Yu Chen, Fei Li,1993 This is a clinical handbook for practitioners of Traditional Chinese Medicine TCM that aims to provide quick and easy reference to the selection of herbs for treatment and their action alone and in combination Written by two eminent teachers from the Nanjing College of Traditional Chinese Medicine who between them have accumulated over 60 years of clinical practice and teaching this handbook emphasizes how to combine herbs and differentiate between single herbs and formulae depending on the treatment strategy adopted It contains case histories illustrating how to adapt formulae in practice and tables of information help with quick identification of herbs and combinations of herbs

The New Chinese Medicine Handbook Misha Ruth Cohen,2015-10-15 Take control of your healing process and balance your mind body and spirit with these lessons in Chinese Medicine

An Illustrated Chinese Materia Medica Jing-Nuan Wu,2005-04-28 One of the cornerstones of traditional Chinese medicine TCM herbal medicine has evolved over centuries of clinical practice and empirical results into a vast body of knowledge encompassing more than 6 000 substances most of whose effects and uses have been documented and researched The literature on Chinese medicinal herbs is unparalleled and unsurpassed in the world's medical knowledge the earliest known pharmacological work was composed before the end of the third century B C The first classical Chinese materia medica appeared during the late Han dynasty 25-220 A D and included 365 entries of botanical zoological and mineral substances listing their properties and effects Subsequent materia medica were assembled during virtually every dynasty from the Liang 456-536 A D to the Qing 1645-1911 Among the major treatments published during these centuries was the 30 volume Materia Medica Arranged According to Pattern which had 1558 entries more than 3 000 formulae and became the official pharmacopoeia of herbal medicine in China for 500 years

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English names flavor properties and channel tropisms functions clinical uses and major combinations dosage and administration and precautions Intended for medicinal and pharmaceutical chemists as well as practitioners of homeopathic and alternative medicines this materia medica offers a unique blend of authenticity that is derived from knowledge of classical Chinese literature with a clearly practical objective of presenting valuable information in a straightforward easily comprehensible style

Commonly Used Chinese Herb Formulas with Illustrations Hong-Yen Hsu,2006 *The Ultimate Guide to Chinese Herbal Medicine for Beginners* William Owen Ph D,2021-03-27 For a reader new to Chinese herbs would help to get a better understanding of the health benefits to bring give the immune system a boost and find more Even though the body of science to build about the health benefits of Chinese herbs is not as large as what exists for western drug and therapy today many learn more about the health benefits of Chinese herbs complements their treatment to their treatment

Comprehensive Guide to Chinese Herbal Medicine Zelin Chen,Mei-fang Chen,1992 [Manual of Chinese Herbal Medicine](#) Warner J-W. Fan,2003-01-28 This manual of diagnosis and therapy is brilliantly organized for study and reference It might even be called the Merck Manual of Chinese herbal medicine for it makes the principles and practices of this traditional healing art highly accessible with its concise and lucid compendia The book covers Important basic concepts of traditional Chinese medicine such as yin and yang the five elements qi jing and shen Causes of disease Classification of symptoms Methods of diagnosis Approaches to treatment with herbal medicine Preventive measures Symptoms of common illnesses Therapeutic classifications of many common herbs and prescriptions 342 formulas for common compound drugs Case studies from the Chinese medical literature illustrating the application of the principles discussed in the book

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