

ANNUAL EXAMINATION, 2020-2021
CLASS-IX
PAPER-SCIENCE

SET-B

Time : 3 hrs.

M.M. : 80

Note : (i) The question paper comprises four sections A, B, C and D. There are 36 questions. All are compulsory.

- (ii) Section A : Q.1 to 20 carry one mark each. These questions contain MCQs, Very Short Answer Questions and Assertion Reason type questions. Write answers in one word or one sentence.
- (iii) Section B : Q. 21 to 26 are Short Answer Type Questions carrying 2 marks each. Answer these questions in the range of 30 to 50 words.
- (iv) Section C : Q. 27 to 33 are Short Answer Type Questions carrying 3 marks each. Answer to these questions should be in the range of 50 to 80 words.
- (v) Section D : Q. 34 to 36 are Long Answer Type Questions carryings 5 marks each. Answer to these questions should be in the range of 80 to 120 words.
- (vi) There is no overall choice. However, internal choice have been provided in some questions. A student has to attempt only one of the alternatives in such questions.
- (vii) Wherever necessary, neat and properly labelled diagrams should be drawn.

Section-A

1. What do you mean by saturated solution ?

Or

Name the technique used to separate drugs from blood.

- 2. How can you convert atmospheric air into liquid state ?
- 3. Write one example of each of Homoeatomic and Heteroatomic.
- 4. Write the name of sub-atomic particles.
- 5. Define one kilowatt hour. (1 kWh)
- 6. Name the tissue which is responsible for increase in length of stem and root.

Or

What is the source of cork ?

- 7. Where are Proteins synthesized inside the cell ?
- 8. What is the function of vacuoles ?
- 9. What is the nature of graph (distance-Time) when it is parallel to time axis ?
- 10. Write the SI unit of weight.
- 11. State the energy conversion in a dry cell.

Jsc 2014 13 11 14 Exam Qus Paper

William Elliott, Melinda Lewis



Jsc 2014 13 11 14 Exam Qus Paper:

Improving Exercise Testing Methods and Interpretation in Human Health and Diseases Mathieu Gruet, Leonardo Alexandre Peyré-Tartaruga, Martin Behrens, 2023-11-28 Exercise testing is a versatile tool for health purposes When used in combination with specific devices and sensors it can provide valuable diagnostic and prognostic information in a wide range of populations Exercise testing outcomes are also useful for training prescriptions and defining responses to clinical trials evaluating interventions Whole body maximal tests e g cardiopulmonary exercise testing field tests e g walking tests and modalities isolating a muscle group e g isokinetic endurance testing all have their advantages and limits and should be viewed as complementary Recent advances in wearable technology and artificial intelligence provide unique opportunities to broaden the application of these tests and facilitate their interpretation In the meantime the clinimetric properties of some widely used exercise tests are still poorly documented in several clinical populations which hampers optimal diagnosis and management Moreover most exercise tests used in clinical practice are suffering from a lack of ecological validity and there is a need to develop and valid new testing modalities that best mimic daily life functioning This Research Topic aims to extend our knowledge regarding the validity and clinical utility of various exercise testing modalities and facilitate their interpretation This topic supports a multimodal approach to exercise testing and welcomes reports investigating either whole body or local muscle testing Submission of research combining different exercise modalities and investigating their potential links are particularly encouraged Inter disciplinary research with studies integrating concepts tools and data from various disciplines like exercise physiology biomechanics and psychology are of particular interest for this Research Topic This topic is not restricted in terms of age medical conditions or type of disease but manuscripts must have clear implications for human health

Innovation in Physical Activity and Sport Borja Sañudo Corrales, Jerónimo García-Fernández, 2021-12-16 This book reports on cutting edge digital technologies and their applications in physical activity and sport Gathering selected chapters from the 1st International Conference on Technology in Physical Activity and Sport held virtually on November 24 27 2020 from Seville Spain it offers a practice oriented and evidence based perspective on how technologies can be used for evaluation and control of different parameter relating to sport physical activity and health It covers how digital technologies can be applied for training and monitoring purposes and for improving athlete s performance how they influence sport habits in different populations demonstrating their growing influence in sport businesses such as fitness centers and management and provides new findings on the connection between physical activity and human health suggesting some interesting directions for future studies With a good balance of laboratory research and information relevant for professional trainers this book will provide bioengineers sport scientists and physiotherapists with timely information and a multidisciplinary perspective on the use of digital technologies to improve fitness wellbeing and health in different population groups

Proceedings of MPCPE 2021 Nikolai Vatin, Svetlana Roshchina, Dmitrijs Serdjuks, 2022-01-30 This book gathers selected

contributions in the field of civil and structural engineering as presented by international researchers and engineers at the International Conference on Materials Physics Building Structures and Technologies in Construction Industrial and Production Engineering MPCPE held in Vladimir Russia on April 26 28 2021 The book covers a wide range of topics including the theory and design of capital construction facilities engineering and hydraulic structures development of innovative solutions in the field of modeling and testing of reinforced concrete metal and wooden structures as well as composite structures based on them investigation of complex dynamic effects on construction objects and many others directions Intended for professional builders designers and researchers The contributions which were selected by means of a rigorous international peer review process highlight numerous exciting ideas that will spur novel research directions and foster multidisciplinary collaborations

Recent Advances in Computational Optimization Stefka Fidanova, 2024-03-27 The book is a comprehensive collection of extended contributions from the Workshops on Computational Optimization 2022 Our everyday life is unthinkable without optimization We try to minimize our effort and to maximize the achieved profit Many real world and industrial problems arising in engineering economics medicine and other domains can be formulated as optimization tasks This book presents recent advances in computational optimization The book includes important real problems like modeling of physical processes parameter settings for controlling different processes agricultural modeling transportation problems energy management machine scheduling air pollution modeling optimization of fast food restaurant chain and solving engineering and financial problems It shows how to develop algorithms for them based on new intelligent methods like evolutionary computations ant colony optimization constrain programming Monte Carlo method and others This book demonstrates how some real world problems arising in engineering economics and other domains can be formulated as optimization problems

Children's Exercise Physiology Filipe Manuel Clemente, Luca Paolo Ardigò, Wook Song, Matthieu E. M. Lenoir, Luis Paulo Rodrigues, Hermundur Sigmundsson, 2020-06-22 *ICT for Health, Accessibility and Wellbeing* Edwige Pissaloux, George Angelos Papadopoulos, Achilleas Achilleos, Ramiro Velázquez, 2022-03-05 This book constitutes selected papers presented at the First International Conference on ICT for Health Accessibility and Wellbeing IHAW 2021 held in Larnaca Cyprus in November 2021 The 12 full papers and 7 short papers were thoroughly reviewed and selected from 36 submissions One invited paper was also included in this volume The papers are organized in topical sections on active aging assistive devices and systems brain functions support and mHealth brain functions support and oncology ICT and wellbeing

Frontiers of Combining Systems René Thiemann, Christoph Weidenbach, 2025-09-14 This open access book constitutes the refereed proceedings of the 15th International Symposium on Frontiers of Combining Systems FroCoS 2025 held in Reykjavik Iceland during September 29 October 1 2025 The 21 full papers included in the proceedings were carefully reviewed and selected from 32 submissions They were organized in topical sections as follows Description logics beyond classical logic satisfiability modulo theories term rewrite systems theorem proving specific reasoning procedures and proof

checking ELLiC 2019 Dodi Mulyadi ,Heri Dwi Santoso,Siti Aimah,Robbi Rahim, We are delighted to introduce the proceedings of the 3rd English Language Literature International Conference ELLiC 3 This conference has brought researchers developers and practitioners around the world who are leveraging and developing the English language education literature linguistics and translation We strongly believe that this conference provides a good forum for all researchers developers and practitioners to discuss all scientific aspects that are relevant to Digital Society especially in the above fields We also expect that the future conference will be as successful and stimulating as indicated by the contributions presented in this volume

Talent Identification and Development in Sports Performance Nuno Leite,Alberto Lorenzo Calvo,Julio Calleja-Gonzalez,Bruno Gonçalves,Sean Cumming,2022-01-13

Assessment and Monitoring of Human Movement Cristian Romagnoli,Giuseppe Annino,Elvira Padua,Vincenzo Bonaiuto,2025-10-03 Human movement studies have long involved researchers from various scientific disciplines such as biomechanics functional anatomy physiology and neuroscience in responding to the growing demand in sports science for reliable and accurate methods and tools for monitoring and evaluating physical performance Accurately measuring body movement data i e walking running throwing swimming and paddle stroke is useful for identifying biomechanical and kinetics and physiological and metabolic variables However the transition of functional assessment of physical activity with accurate and reliable data from the laboratory to the daily life environment has been complex Thanks to technological innovation miniaturized and wearable sensors can non invasively measure and monitor kinematic and dynamic data related to the performance of a specific sport of physical activity broadening their application in the clinical field such as monitoring and improving patient care directly at home or at a distance Therefore the quantitative analysis of human movement is a necessary and effective tool that helps transversally both the medical physical fitness and wellness and the purely competitive environment linked to high level sport

Health Promotion in Schools, Universities, Workplaces, and Communities Graça S. Carvalho,Emily Darlington,Teresa Vilaça,2024-12-17 Health education well being improvement and advocacy are effective health promotion strategies among cutting edge Public Health practices Salutogenic perspectives rooted in ecological models have taken their rightful place to empower individuals and communities to change their life ecosystems and preserve and improve their health It is imperative to shift from targeting protective or risk factors which have linear causal relationships with health conditions and or comorbidities and encompass a systemic understanding of the role of health determinants in creating health Individual collective and structural ecological approaches can better reduce health inequities Moreover engaging the presumed beneficiaries from such strategies ensures that actual needs are identified and choices are context specific It improves the whole implementation process as well as its results Higher levels of participation such as co creation imply a bottom up voluntary collaborative process rooted in values of diversity mutual trust openness autonomy freedom and respect as well as shared expertise responsibility and decision making which are essential values in co creating health promotion

Physical

Activity 'Enrichment': A Joint Focus on Motor Competence, Hot and Cool Executive Functions Caterina Pesce, David F. Stodden, Kimberley D. Lakes, 2021-04-29

Understanding and promoting factors which affect healthy ageing: Physical Activity, Sleep Patterns and nutritional habits Stevo Popovic, Radenko M. Matic, Juel Jarani, David

Paar, 2024-09-26 A few clear factors are associated with living longer and healthier such as higher levels of physical activity good sleep patterns and proper nutrition However despite all the advances that have been made to increase the general population's physical activity improve their sleep patterns and boost their nutritional habits there is still a lot to be done This Research Topic aims to address the topic of healthy ageing and will consider manuscripts focused on the effects of improving these factors in all ages from childhood to old age We are mainly interested in questions of broader interventions at the individual home settings group school work and gerontology settings and societal level community based settings We also welcome papers investigating the short and long term effects of environmental factors on physical changes in children working and old age populations and their development Correlational and survey studies examining the issues mentioned above are welcome

The Science of Alpine Ski Racing James Pritchard, Jim Taylor, 2022-12-29 Alpine skiing or downhill skiing is defined by six disciplines Downhill Super G Giant Slalom Slalom Parallel and Combined that test the athletes technical abilities and speed It has long been a popular sport with many national and international championships and is a mainstay of the Winter Olympic Games The Science of Alpine Ski Racing is the first book to discuss the science coaching research and training of elite to recreational alpine ski racers for optimal performance This book brings together the complex physiological biomechanical and technical components of the sport in a practical manner with which coaches and researchers alike can adopt to elicit better performance outcomes for athletes Literature of this kind has never been formally researched and published specifically for the sport of alpine ski racing making it both unique and a cornerstone to the discipline Backed by cutting edge research the book provides practical guidance on preparing athletes for high performance and understanding the core tenets of sports science underpinning it striking a balance between the complex theoretical and practical components coaches and athletes must prepare for in alpine ski racing Accessibly written and featuring contributions from world leading experts The Science of Alpine Ski Racing covers key topics of health training and high performance in the sport and will be vital reading for youth coaches professional ski instructors strength and conditioning coaches and sports science staff associated with winter sports programs as well as applied researchers looking for a model to apply to other sports James Jimmy Pritchard is a human performance specialist sports scientist who has trained and consulted athletes at the Olympic NHL NFL and Division I collegiate level Specific to alpine ski racing he served as the Director of Strength and Conditioning for Ski and Snowboard Club Vail in Vail Colorado where he helped prepare a long list of US Ski Team athletes including Alice McKennis Mikaela Shiffrin and Tess Johnson He is a certified strength and conditioning specialist CSCS as well as registered strength and conditioning coach RSCC through the NSCA working with

athletes and human performance program managers on a regular basis to find optimal human performance solutions James has presented at conferences around the United States discussing long term athlete development written over 150 articles for several media outlets has been published in the NSCA's Strength and Conditioning Journal and taught courses about strength and conditioning at Colorado Mountain College James holds a BSc in Exercise Science from Colorado Mesa University and MSc degree in Exercise Science from Edith Cowan University Jim Taylor PhD Psychology is an internationally recognized authority on the psychology of sport and parenting He has consulted with athletes coaches and parents in tennis skiing cycling triathlon track and field swimming football golf baseball fencing and many other sports for more than 30 years Dr Taylor is the author of 17 books and the editor of 4 textbooks on sport psychology He is also a former world ranked alpine ski racer second degree black belt in karate marathon runner and Ironman triathlete

Social Psychology in Sport Louise Davis, Richard Keegan, Sophia Jowett, 2024 This edited textbook offers a global perspective on research practice and future directions in social psychology in sport Topics include relationships communication leadership motivation and morality Readers gain insight into the interactions and dynamics that affect sport performance and the sport experience for youth and adult athletes and coaches

Exploring the Interaction between Health-promoting and Health Risk Behaviors in Health, volume II Huixuan Zhou, Feng Jiang, Yi-lang Tang, 2025-09-15 Health related behaviors play positive or negative roles in people's health For instance health risk behaviors such as sedentary behaviors e.g binge watching TV and playing computer games the use of alcohol tobacco or other substances and lack of sleep have been found to negatively affect the physical and mental health of people On the other hand some studies show that health promoting behaviors such as physical activity and healthy dietary habits can mitigate or reverse the negative effects of health risk behaviors on health outcomes In the meantime some studies indicate that the harmful effects of some health risk behaviors may not be mitigated by health promoting behaviors For instance some studies show that sedentary behaviors and physical activity are independently associated with some physical and mental health outcomes interventions to increase physical activity with and without decreasing sedentary time lead to different health outcomes Clearly more research is needed to show the interaction between health promoting behaviors and health risk behaviors in health which could shed light on the management of health related behaviors

New Methodological, Intervention and Neuroscientific Perspectives in Sports Psychology, volume II Antonio Hernández-Mendo, Jose María Carames Tejedor, M. Teresa Anguera, Verónica Morales-Sánchez, 2025-06-26 This Research Topic is the second volume of the Research Topic New Methodological Intervention and Neuroscientific Perspectives in Sports Psychology Please see the first volume here Within the discipline of sport psychology considerable work involves the development implementation and evaluation of interventions to improve the world of sport The importance of theory as a basis for such intervention efforts has been strongly emphasized In recent years research has shown that there are three factors on which to base future developments methodological innovations e.g Mixed Methods new intervention

approaches e g Empowering Disempowering Climates and advances in neuroscience e g inhibitory circuits Regarding methodological innovations the importance of mixed methods in this field is highlighted by their profound significance Indeed procedural innovations with direct and indirect observational data has allowed the observational methodology to be considered as a mixed method in itself This approach has been implemented in recent years in many publications relating to various sports Other methodological advances involve the evolution of structural equation analysis For example the increasing use of invariance analysis mediation analysis PLS software which allows non normal samples multilevel analysis generalizability analysis and the graphical evolution of data with programs such as Neo4j

International Aerospace Abstracts ,1992 **Making Education Work for the Poor** William Elliott,Melinda Lewis,2018-07-03 Making Education Work for the Poor identifies wealth inequality as the gravest threat to the American education system Today wealth rather than individuals effort and ability determines educational outcomes This book calls for universal Opportunity Investment Accounts to be the cornerstone of the wealth building agenda the nation needs to salvage the American Dream **Daniels y Worthingham. Técnicas de balance muscular** Marybeth Brown,Dale Avers,2025-07-15 Este manual práctico exhaustivamente revisado ayuda al estudiante a conocer y dominar los métodos de exploración muscular manual y de valoración funcional Presenta instrucciones claras e ilustradas que sirven de guía para realizar procedimientos musculares manuales fiables y válidos Las pruebas funcionales y de rendimiento proporcionan varias alternativas para medir la fuerza en adultos de todas las edades y en pacientes con discapacidad funcional Contiene más de 500 ilustraciones que muestran con precisión las secuencias de las pruebas la anatomía y la innervación musculares e incorpora contenido sobre el dinamómetro y los datos de la dinamometría muscular

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