

1(a)(i) ■	any three from: • age (of athlete) • gender (of athlete) • <i>starting</i> concentration of glycogen • <i>type / intensity of exercise</i> • length of exercise period • number of training sessions • time interval between exercise sessions • exercise at same time of day	<i>if diet given as answer = max 2</i> <i>if none of these points gained amount of exercise = 1 mark</i> <i>if last four points not awarded allow time (for exercise) for 1 mark</i> <i>ignore references to amount of energy</i> <i>ignore they are both athletes</i>	3
1(a)(ii) ■	any two from: • intensity of exercise • amount of exercise between sessions • <i>starting</i> concentration of glycogen • fitness / health • metabolic rate / respiration rate • amount / mass of <i>muscle</i> / physique • aspects of diet qualified, eg amount of food eaten	<i>do not accept amount of carbohydrate</i> <i>if no other marks awarded allow height / mass / weight for 1 mark</i>	2

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