# ATP III LDL cholesterol cutoffs for lifestyle interventions and drug therapy in different risk categories

| Risk category  | LDL cholesterol<br>goal                                   | Initiate<br>therapeutic<br>lifestyle<br>changes | Consider drug<br>therapy   |
|--|---|---|--|
| High risk: CHD or CHD<br>risk equivalents (10-<br>year risk >20%)              | <100 mg/dL<br>(with an<br>optional goal of<br><70 mg/dL)  | ≥100 mg/dL                                      | ≥100 mg/dL<br>(consider drug<br>options if LDL-C<br><100 mg/dL)    |
| Moderately high risk:<br>two or more risk<br>factors (10-year risk<br>10%-20%) | <130 mg/dL<br>(with an<br>optional goal of<br><100 mg/dL) | ≥130 mg/dL                                      | ≥130 mg/dL<br>(consider drug<br>options if LDL-C<br>100-129 mg/dL) |
| Moderate risk: two or<br>more risk factors (10-<br>year risk <10%)             | <130 mg/dL  | ≥130 mg/dL                                      | >160 mg/dL   |
| Low risk: ≤1 risk factor   | <160 mg/dL  | ≥160 mg/dL                                      | ≥190 mg/dL<br>(consider drug<br>options if LDL-C<br>160-189 mg/dL) |

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Grundy SM et al. Circulation; available at http://circ.ahaiournals.org

# **Atp Guidelines 2011**

**Kathleen Armour** 



Unveiling the Power of Verbal Artistry: An Psychological Sojourn through Atp Guidelines 2011

In a global inundated with screens and the cacophony of immediate transmission, the profound power and mental resonance of verbal art often fade into obscurity, eclipsed by the constant barrage of noise and distractions. However, situated within the lyrical pages of **Atp Guidelines 2011**, a interesting function of fictional splendor that impulses with fresh thoughts, lies an memorable trip waiting to be embarked upon. Written by a virtuoso wordsmith, this mesmerizing opus books readers on a mental odyssey, delicately exposing the latent potential and profound impact embedded within the delicate internet of language. Within the heart-wrenching expanse of the evocative analysis, we shall embark upon an introspective exploration of the book is central styles, dissect their captivating publishing fashion, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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